



Week 231			8 – 10 November 2019   10 – 12 MoCheshvan 5780		Parashat Lech-Lecha / פרשת לך-לך
Friday Mincha	שבת Shacharit	שבת Mincha	שבת Ends	Horim V'Yeladim	Sunday Shacharit
4.05PM	9.15AM	4.10PM	5.10PM	6.00PM	8.20AM <small>Od Yosef Hai</small>

## Mazal Tov!



Mazal Tov to Chief Rabbi and Rebbetzen Mirvis on the birth of a granddaughter, a daughter for Melanie and Hillel.

## This Week - Dr. Aryeh Simmonds - Profile



Dr. Aryeh Simmonds is the Director of the Neonatal Intensive Care Unit at the Laniado Medical Centre in Netanya, Israel. He is board certified in both the US and Israel as both a Paediatrician and Neonatologist.

Dr. Simmonds attended YU, and later received his masters and MD. He completed his Paediatrics Residency and worked as a Neonatology attending physician in New York. Dr. Simmonds and his family then made Aliyah to Karnei Shomron and joined Laniado.

Dr. Simmonds is a physician first responder with both Magen David Adom and Ichud Hatzalah. In addition, he serves in the army reserves as Captain in the medical corps.



Within the hospital, in addition to his many responsibilities as the NICU director, Dr. Simmonds plays an active role in a number of different capacities including risk management, disaster preparedness, resident and student education, as well as resuscitation education and implementation. Most importantly Dr. Simmonds has dedicated his career to the care and treatment of both newborns and their families.

## MoCheshvan



Mögen Avot's MoCheshvan is in full swing with brave members cycling, swimming, walking, running and of course growing delightful facial hair in aid of Jami and Chai Cancer Care. It's not too late to join in by emailing [mocheshvan@magenavot.com](mailto:mocheshvan@magenavot.com). Sponsor by visiting <https://bit.ly/2MSLoXv>.

## Thank You!



Thanks to Dr Jeremy Bieder who gave a fascinating talk on "Time, narrative and community - a neurobiological reading of Parashat Bereishit" last Motzei Shabbat. Thanks also to hosts Chaya and Moshe Langerman.

Thank you to Choulamite and Jonathan Sacks for taking the Shul tallitot for laundering.

## Pledges



All those who over the Chagim pledged contributions for aliyot and auction bids please redeem your pledges. If you are unsure what you pledged or how to redeem please contact Cecil Taitz on [treasurer@magenavot.com](mailto:treasurer@magenavot.com).

## Future Event – Rami Sherman - Profile



Rami Sherman enlisted in the army and was accepted into an elite unit. He finished the combat soldier course and was sent to Officers School in order to return and receive command of a squad within the unit. In 1976, when an Air France airliner was hijacked and rerouted to Entebbe, he was the Operations Officer of the unit, under the command of Yoni Netanyahu z"l. See our poster for further details.

## Additional Information

Lighting	Earliest time <b>3.24pm</b>   Shabbat at <b>4.07pm</b>
Shema	Sof Zman Kriat Shema at <b>9.26am</b>
Chabura	Daniel Ehreich at <b>9am</b>   <b>Leining:</b> Shimon Levy
Children	Magen Minis and Maxis at <b>10.45am</b> Munchies and Y@MA: unsponsored this week
Drasha	Rabbi Kenigsberg (Shabbat Morning)
Kiddush	Kiddush is sponsored to lament England's loss in the Rugby by some anonymous members who may or may not be South African. The Whiskies of the Week will be a Laphroaig 10-year-old and a Talisker Skye single malt.
Shiur	Dr Aryeh Simmonds (after Mincha).
Horim V'Yeladim	Horim V'Yeladim starts this Motzei Shabbat at <b>6.00pm</b> . Learning will be for 45 minutes followed by pizza, a story and raffle prizes. This week's session is kindly sponsored by <b>Patti and Elkan Adler</b> . Contact <a href="mailto:info@magenavot.com">info@magenavot.com</a> to sponsor a session.

## Rabbi Kenigsberg's Weekday Shiurim

### Halachic Responses to Modern Technology



Rabbi Kenigsberg's 5-week course at LSJS continues this **Tuesday 12 November** from **8.00pm** until 9.30pm on: "Can you use electric doors and key cards on Shabbat?". Members are able to join for a reduced rate at the door.

Future topics include:-

**19 Nov:** Can frozen embryos be used for stem-cell research to save lives?

**26 Nov:** From London to Jerusalem: Should we employ non-Jews to help keep Shabbat?

**3 Dec:** Can a Bet Din rely on DNA testing for establishing paternity, freeing agunot etc.?

### Tzurba m'Rabanan



Tzurba m'Rabanan shiur with Rabbi Kenigsberg continues this **Wednesday** at **8.30pm** at Alei Tzion. This week's topic is "IVF in Halacha". For more information visit [tzurbaolami.org](http://tzurbaolami.org).

## Upcoming Events



**Date TBC:** Coming Soon - Motzei Shabbat Israeli shuk run by Y@MA. Details to follow.

**1 December:** The Big Italian Quiz of the Year – for Years 9-13. Please see attached poster.

**7 December:** Melave Malka with Rami Sherman, Operations officer for the Entebbe Rescue Operation. 7.30pm in the shul, £10 per person. Please see attached poster and below.

**13 December:** Friday night youth dinner at the Rabbi's house. The whole Kehilla is invited for an Oneg Shabbat after dinner (details to follow).

**15 December:** Special pre-Chanukah tour of the British Museum led by Rabbi Dr Rafi Zarum. £15 per person. Please see attached poster.





# THE BIG ITALIAN QUIZ OF THE YEAR

**Join over 15 US Tribe communities  
for a supper quiz to remember!**

**Unlimited pasta • Ice cream bar**

**Sunday 1<sup>st</sup> December**

**19:00 - 21:30**

**Years 9 - 13**

At Finchley United Synagogue (Kinloss)

Price: £10 pp

To book go to **[www.tribeuk.com/quiz19](http://www.tribeuk.com/quiz19)**



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Magen Avot

# MELAVE MALKA

Hear a first-hand account of Operation Entebbe

*Book now!*

MOTZEI SHABBAT

**7 December 2019**

7.30pm

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VENUE

Magen Avot,  
48 Finchley Lane  
London NW4 1DJ

PRESENTATION BY

Rami Sherman  
Operations Officer of the  
Entebbe Rescue Operation

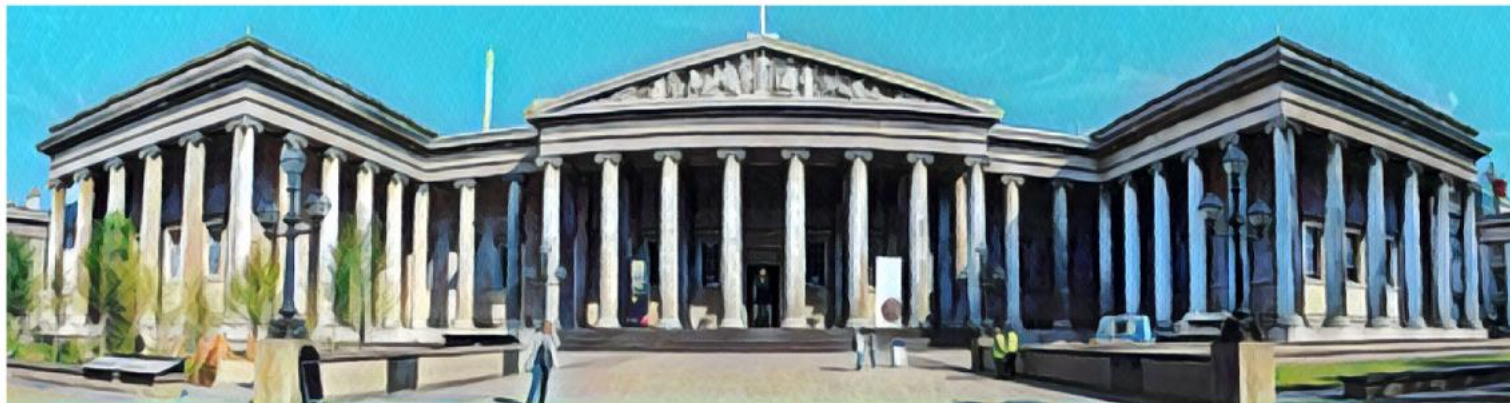
COST **£10** PER PERSON

EMAIL **EVENTS@MAGENAVOT.COM**

TO RESERVE A PLACE, AND FOR MORE INFORMATION

**RAMI SHERMAN** - Born in 1953 in Israel to holocaust survivors, Rami grew up on a northern kibbutz. In 1972 he joined an elite IDF unit (now named Sayeret Matkal - the General Staff Special Forces), progressing through combat soldier course to Officers' School. In 1976, when an Air France airliner was hijacked and rerouted to Entebbe, Rami was the unit's Operations Officer under the command of Yoni Netanyahu z"l. In this capacity, he was involved in preparing the unit for the Operation. Amongst other roles, he coordinated between the unit the Operation commander, and between the unit and the Israeli Air Force. He was one of the 33 officers and soldiers comprising the first assault group who freed the hostages.





# CHANUKAH THROUGH THE EYES OF HISTORY

Sunday 15 December 2019 10.00am - 12.45pm

**Magen Avot Pre-Chanukah tour of the  
British Museum led by Rabbi Dr Raphael Zarum**

The ancient Greece collection affords a window into the meaning of Chanukah. Pots, coins, reliefs and sculptures reveal the ideological battle that is symbolised by the Parthenon in Athens and the Temple in Jerusalem. Transform your Chanukah.

COST **£15** PER PERSON

EMAIL **[EVENTS@MAGENAVOT.COM](mailto:EVENTS@MAGENAVOT.COM)** TO BOOK

Spaces are limited as the tour is being arranged specially for our community