



Shabbat 1 November 2025 / 10 Cheshvan 5786

Parashat Lech-Lecha / פרשת לך-לך

Light From	Friday Mincha	שבת שבת	שבת Chabura	שבת Shacharit	SZ Kriat Shema	Minis /Maxis	שבת Mincha	שבת Ends	Sunday Shacharit
 3.35PM	 4.20PM	 4.21PM	 9.00AM	 9.15AM	 9.16AM	 10.45AM	 4.23PM	 5.23PM	 8.20AM

5-Week November Newsletter

Whilst your editor is away for some of November we have produced a month long edition with all times and as much information as was available at the time of going to print. All other announcements will be sent out via WhatsApp Groups:-
Join the Broadcast Group: <https://tinyurl.com/mabroadcast>
Join the Social Group: <https://tinyurl.com/masocialgroup>

Shabbat

Chabura: 1st: Josh London, 8th: David Berke, 15th: Daniel Ehreich, 22nd: Moshe Langerman and 29th: Natan Maurer.

Magen Minis and Maxis meets at **10.45am**. Y@MA at usual time.
Y@MA sponsors: 15th: Professor Laurence Lovat to mark the Yahrzeit for his parents, 22nd: Stewart, Eve, Azriel and Zecharya Grubin-Brookes who are grateful for the Y@MA programme.

Munchies sponsors: 15th: Professor Laurence Lovat (as above), and 22nd: Stewart, Eve, Azriel and Zecharya Grubin-Brookes who are grateful for the wonderful children's services.

Shabbat Drasha: Rabbi Yoni Golker (all weeks except 29/11 as the Rabbi will be on the Year 12 Poland Immanuel Trip).

01/11 Kiddush Sponsor: Un-sponsored.

08/11 Kiddush Sponsor: Meir and Yaron Malinsky to mark the 12th Yahrzeit for Meir's father.

15/11 Kiddush Sponsor: Linda and Laurence Lovat to mark the Yahrzeits for Linda's father and Laurence's parents.

22/11 Kiddush Sponsor: to be confirmed.

29/11 Kiddush Sponsor: to be confirmed.

Post Mincha Speakers: 1st: Rabbi Michael Pollak, 8th: Rabbi Yoni Golker, 15th: Rabbi Dr Glenn Bezalel, 22nd: Rabbi Dr Dov Lerner, and 29th: to be confirmed.

Motzei Shabbat

Horim V'Yeladim returns on **Motzei Shabbat 8 November** with Rafi Kleiman. **Sponsors:** 8th: Dr Stewart Brookes and Dr Eve Grubin-Brookes to mark their wedding anniversary, 15th: Linda Lovat to mark the Yahrzeit for her father, and 22nd: Family Abramowitz as the boys emptied their Tzedakah tin and wanted to give some to the shul!

Basement Access Reminder

Parents are kindly asked to remind their children that the basement area is strictly out of bounds throughout Shabbat. Please help us keep all areas of the Shul safe and tidy by ensuring children remain upstairs.

Mazal Tov!

Mazal Tov to Samantha and Paul Taylor on the forthcoming marriage of their son Yosef to Haddar Ben Shimon in Israel.

HaMagen – Call for a New Editor

We're looking for a new Editor to lead HaMagen, our twice-yearly shul magazine for Pesach and Rosh Hashanah. This rewarding volunteer role involves coordinating articles, photos and updates with a friendly team to produce engaging editions. Enthusiasm, creativity and teamwork are key – plus you'll have support from past editors. To find out more, please contact our Chairman, Jonathan Faith, in confidence.

Sunday 9 November

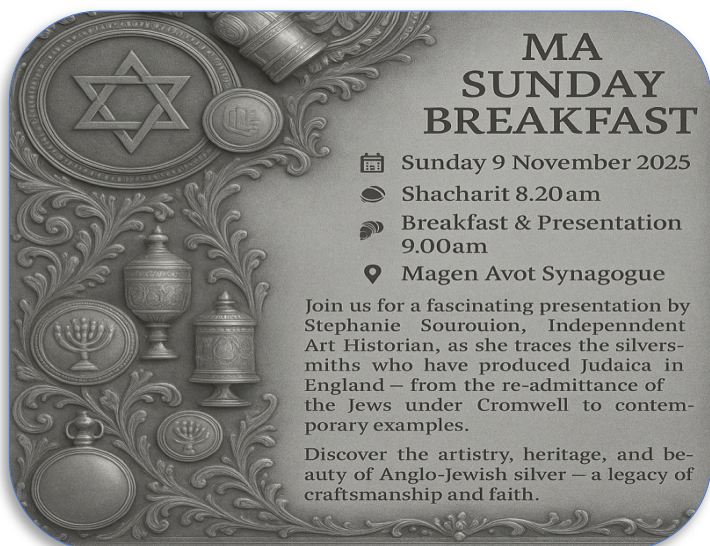
Save the date for our next Sunday Breakfast with guest speaker: **Stephanie Souroujon**, independent art historian and founder of Sounai Contemporary, a specialist online gallery and art advisory that curates and sells contemporary Judaica by leading studio-craftsmen. A former Assistant Curator at the Worshipful Company of Goldsmiths, Stephanie will speak on **"The Anglo-Jewish Silver Tradition: The Makers and Their Art"** tracing Judaica silversmiths in England from Cromwell's era to today. She holds MAs in Decorative Arts from SOAS and Christie's Education and lectures widely across museums and synagogues. **To sponsor this event please email info@magenavot.com.**

Friday 28 November

We are delighted to welcome Rabbanit Atara Eis, Dean of Nishmat, for a special Oneg Shabbat at the home of Family Langerman on **Friday 28 November at 8.00pm**. Rabbanit Eis leads Nishmat's global Yoatzot Halacha initiatives, the Alisa Flatow English Language Programs, and the organisation's philanthropic strategy. Rabbanit Eis previously directed Nishmat's Miriam Glaubach Center, which trains and supports Yoatzot Halacha around the world. Certified as both a Yoetzet Halacha and a Fertility Counsellor, Rabbanit Eis holds degrees from Stern College and the Azrieli Graduate School of Jewish Education. She lives in Efrat with her husband, Rabbi Rafi Eis, and their six children.

Yahrzeits

03/11/2025	12 Cheshvan	Harry Tenenblat	Mother
04/11/2025	13 Cheshvan	Leila Behrman	Mother
04/11/2025	13 Cheshvan	Jonathan Faith	Father
04/11/2025	13 Cheshvan	Jay Schechtel	Father
05/11/2025	14 Cheshvan	Bobby Jacobs	Father
06/11/2025	15 Cheshvan	Rabbi Yoni Golker	Father
08/11/2025	17 Cheshvan	Joy Lyons	Father
13/11/2025	22 Cheshvan	Lester Abrahams	Father
13/11/2025	22 Cheshvan	Emilie Morris	Father
14/11/2025	23 Cheshvan	Meir Malinsky	Father
15/11/2025	24 Cheshvan	Laurence Lovat	Father
15/11/2025	24 Cheshvan	Laurence Lovat	Mother
16/11/2025	25 Cheshvan	Linda Lovat	Father
17/11/2025	26 Cheshvan	Laraine Abrahams	Sister
17/11/2025	26 Cheshvan	Moshe Langerman	Father
17/11/2025	26 Cheshvan	Marian Taitz	Father
18/11/2025	27 Cheshvan	Charles Pascoe	Mother
19/11/2025	28 Cheshvan	Ilana Ormonde	Mother
19/11/2025	28 Cheshvan	Paul Silver	Father
24/11/2025	4 Kislev 5786	Susan Storfer	Mother
01/12/2025	11 Kislev 5786	Susan Pascoe	Mother
05/12/2025	15 Kislev 5786	Caroline Davis	Father



MA SUNDAY BREAKFAST

 Sunday 9 November 2025
 Shacharit 8.20am
 Breakfast & Presentation 9.00am
 Magen Avot Synagogue

Join us for a fascinating presentation by Stephanie Souroujon, Independent Art Historian, as she traces the silversmiths who have produced Judaica in England – from the re-admittance of the Jews under Cromwell to contemporary examples.

Discover the artistry, heritage, and beauty of Anglo-Jewish silver – a legacy of craftsmanship and faith.



Magen Avot

2

Shabbat 8 November 2025 / 17 Cheshvan 5786

Parashat Vayera / וַיֵּרָא

Light From	Friday Mincha	שבת	Womens KS	שבת Chabura	שבת Shacharit	SZ Kriat Shema	Minis /Maxis	שבת Mincha	שבת Ends	HvY	Sunday Shacharit
 3.25PM	 4.05PM	 4.08PM	 4.25PM	 9.00AM	 9.15AM	 9.22AM	 10.45AM	 4.11PM	 5.11PM	 6.00PM	 8.20AM

Women's Kabbalat Shabbat returns: alternating between MA and Alei Tzion. The first one takes place on **Friday 7 November** at MA at **4.25pm**, followed by three further gatherings on **5 December** (Alei Tzion), **9 January** (MA), and **6 February** (Alei Tzion). All women and girls are warmly invited to join these uplifting and welcoming tefillot as we bring in Shabbat together.

Update from MA Chesed: The MA Chesed team would be keen to hear from members who are experiencing challenges caring for family, or who they themselves feel the need for support. They can contact the Chesed Team directly by email: help@magenavot.com. All messages will be handled in STRICT CONFIDENCE. Magen Avot Chesed members themselves receive training, guidance and support from the United Synagogue Chesed Department. Please do not use this address for any urgent requests.

We are also looking to find members who are willing to make regular or occasional social visits to members of the community who would welcome this support. If you are interested in volunteering for this meaningful initiative, please contact help@magenavot.com.



Magen Avot

3

Shabbat 15 November 2025 / 24 Cheshvan 5786

Parashat Chayei Sara / חַיֵּי שָׂרָה

Light From	Friday Mincha	שבת	שבת Chabura	שבת Shacharit	SZ Kriat Shema	Minis /Maxis	שבת Mincha	שבת Ends	HvY	Sunday Shacharit
 3.17PM	 3.55PM	 3.58PM	 9.00AM	 9.15AM	 9.28AM	 10.45AM	 4.02PM	 5.02PM	 5.50PM	 8.20AM

Rosh Chodesh: The Molad will be on Thursday 20 November at 1.38 pm and 9 chalakim.

ראש חודש כסלו יהיה ביום שישי הבא עלינו ועל כל ישראל לטובה

Rosh Chodesh Kislev yihye b'yom shishi ha'ba aleinu v'al kol Yisrael l'tovah.



Magen Avot

4

Shabbat 22 November 2025 / 2 Kislev 5786

Parashat Toldot / תולדות

Light From	Friday Mincha	שבת	שבת Chabura	שבת Shacharit	SZ Kriat Shema	Minis /Maxis	שבת Mincha	שבת Ends	HvY	Sunday Shacharit
 3.10PM	 3.45PM	 3.49PM	 9.00AM	 9.15AM	 9.35AM	 10.45AM	 3.55PM	 4.55PM	 5.45PM	 8.20AM

Post-Mincha Speaker

Rabbi Dr Dov Lerner is the Rabbi of the Young Israel of Jamaica Estates in Queens, NY and a member of the faculty at YU's Straus Centre for Torah and Western Thought. A graduate of Yeshiva College, Rabbi Lerner earned his MA and PhD from Chicago University, and is a member of the international fellowship of educators and communal professionals dedicated to perpetuating the legacy of Rabbi Lord Jonathan Sacks. Rabbi Lerner will be speaking on: "Can Halakha Change?" - a great debate as to the meaning of mitzvot with implications for psak, looking at baby blessings as a case study.



Magen Avot

5

Shabbat 29 November 2025 / 9 Kislev 5786

Parashat Vayetzei / וַיֵּצֵא

Light From	Friday Mincha	שבת	שבת Chabura	שבת Shacharit	SZ Kriat Shema	Minis /Maxis	שבת Mincha	שבת Ends	HvY	Sunday Shacharit
 3.05PM	 3.40PM	 3.42PM	 9.00AM	 9.15AM	 9.41AM	 10.45AM	 3.49PM	 4.49PM	 5.40PM	 8.20AM