



Magen Avot

Chav Lanim Gimel - Edition



30 May 2026 / 14 Sivan 5786

Parashat Nasso 5786 / פרשת נשא

Friday Mincha	Light From	שבת שבת	שבת Chabura	שבת Shacharit	SZ Kriat Shema	Minis /Maxis	שבת Mincha	שבת Ends	Sunday Shacharit
7.15PM	7.24PM	8.51PM	9.15AM	9.30AM	8.55AM	10.45AM	9.09PM	10.09PM	8.20AM

Shabbat

Chabura: Rabbi Dr Steven Gaffin.

Magen Minis and Maxis: Meets at 10.45am.

Munchies Sponsor: To be announced.

Y@MA: Meets after Mussaf kedusha.

Y@MA Sponsor: To be announced.

Kriat Hatorah: Dr David Cohen.

Shabbat Drasha: Rabbi Golker.

Today's Kiddush is sponsored by: The new shul executive council.

Post Mincha Speaker: Rabbi Golker.

Upcoming Event Starting This Shabbat

Pirkei Avot Initiative Series, starting this afternoon at 6.00pm at Rabbi and Rebbetzen Golker's home.

Please see the poster on right for details.

Basement Access Reminder and Buggy Policy

Parents are kindly reminded that the basement area is off-limits to children throughout Shabbat. To help keep the Shul safe and tidy, please ensure children remain upstairs at all times. Buggies may only be brought indoors with the approval and guidance of security, who are familiar with the buggy policy.

Kiddush Sponsorship

We have spare slots for Kiddush sponsors over the next few weeks. Book yours at <http://magenavot.com/sponsorships> or contact Marc Ovits on 07866 503 898.

Newsletter News

Additional announcements will be sent via WhatsApp Groups:-

Join the Broadcast Group: <https://tinyurl.com/mabroadcast>

Join the Social Group: <https://tinyurl.com/masocialgroup>

Thank you all who made Shavuot such a beautiful Yom Tov

Too numerous to mention by name here, but thank you to all those who made Shavuot such a beautiful Yom Tov (such as the speakers, the ba'alei tefillah, those who leyned, the sponsors and those who purchased the flowers, those who shopped for and sponsored the kiddush and snacks, those who set up the shul and cleared it away, and all those who helped that are not included in the above).

Yahrzeits

30/05/2026	14 Sivan 5786	Sarah Josephs	Father
30/05/2026	14 Sivan 5786	Vivienne Kesztenbaum	Father
30/05/2026	14 Sivan 5786	Susan Storfer	Father
01/06/2026	16 Sivan 5786	Julian Pollard	Father

Jewish Ethics Project (JEP) Events on the 7th June.

There are two JEP events being held on the 7th June. **Please see separate flyer(s) for further information (Meals included).**

The MA Women's Circle Returns!

On Sunday 28 June at 8.00 pm, the MA Women's Circle returns! Curated by Anouk Abrahams and Eve Grubin-Brookes, this series provides support and open discussion for women in the community and seeks to help strengthen them and their families. The topic of the next session will be: "Understanding Loneliness in Our Community", with Rebbetzin Mandy Lawrence. The event will be hosted by Anouk Abrahams. More details about this session will appear in next week's newsletter or can be obtained from Eve Grubin-Brookes (tel. 07885 774787). Please RSVP to Eve Grubin-Brookes.

PIRKEI AVOT
at
MAGEN AVOT
SHABBAT AFTERNOON Initiative

BRINGING BACK THE SPIRIT OF PIRKEI AVOT TOGETHER ON SHABBAT AFTERNOONS

FIRST EVENT THIS SHABBAT AT
Rabbi & Rebbetzen Golker

SHABBAT 30TH MAY 2026
6.00PM

If you would be happy to lead a session, please be in touch with Rabbi or Rebbetzen Golker.

- Informal PIRKEI AVOT learning (30–40 mins) in members' homes on Shabbat afternoons, with light refreshments.
- Coincides with the next cycle of 6 chapters of PIRKEI AVOT, from Shabbat 30th May until 4th July.
- A beautiful way to bring back the spirit of learning PIRKEI AVOT together on Shabbat afternoons.

Sponsor part or all (£50 total)

SPONSOR OUR SUSHI!

Y@MA

SPONSORSHIPS SHOULD BE IN BY (LATEST) THE TUESDAY BEFORE EACH SHABBAT TO ENSURE ORDERS FOR THAT WEEK

HELP SHAPE THE NEXT 10 YEARS OF MAGEN AVOT

We have proudly celebrated 10 years of Magen Avot. Now we invite you to help build the next incredible decade of our community.

Whether you have time, skills, ideas, or simply enthusiasm, there is a place for everyone to get involved. Anything you can do, big or small, helps our community grow stronger, and more connected.

Email info@magenavot.com with your details and we will be in touch.

www.magenavot.com

Magen Avot

United Synagogue Charity No. 24252



MAGEN AVOT SYNAGOGUE



EXECUTIVE COUNCIL

*Today's kiddush is sponsored by the members
of the new shul Executive Council*



CHAIR: Sara Spizzichino

VICE CHAIR: Julian Pollard

FINANCIAL REPRESENTATIVE: Tali Diamant

WARDEN: Josh Abeles

WOMEN'S OFFICER: Anouk Abrahams



**5 MALE MEMBERS OF
THE SYNAGOGUE COUNCIL**

- ☆ Daniel Ehreich
- ☆ David Abramowitz
- ☆ Moshe Langerman
- ☆ Phillip Brodie
- ☆ Rafi Kleiman



**5 FEMALE MEMBERS OF
THE SYNAGOGUE COUNCIL**

- ☆ Belinda Abramowitz
- ☆ Chaya Langerman
- ☆ Elizabeth Kliman
- ☆ Eve Grubin - Brookes
- ☆ Tamar Nisner



TOGETHER IN FAITH. TOGETHER AS A COMMUNITY.

