



Magen Avot



25 July 2026 / 11 Av 5786

פַּרְשַׁת וַאֲתַחֲנָן / Parashat Vaetchanan (Shabbat Nachamu)

Friday Mincha	Light From	שַׁבָּת	שַׁבָּת Chabura	שַׁבָּת Shacharit	SZ Kriat Shema	שַׁבָּת Mincha	שַׁבָּת Ends	Sunday Shacharit
 7:15 PM	 7:23 PM	 8:47 PM	 9:15 AM	 9:30 AM	 9:10 AM	 8:58 PM	 9:58 PM	 8:20 AM

Shabbat

Chabura: Dan Artman

Y@MA: Meets after Mussaf Kedusha

Y@MA Sponsor: Anonymous

Kriat Hatorah: Dan Artman

Shabbat Drasha: Rabbi Golker

Post Mincha Speaker: Rabbi Golker

Kiddush

Kiddush is kindly jointly sponsored by Tony Newgrosh to mark his father's yahrzeit (Shimon Pesach ben Moshe Yehuda z"l), and by the Abrahams family on the occasion of Anouk's birthday.

Mazal Tov!

Mazal Tov to Ruth and Henry Ehreich on the engagement of their granddaughter Rina to Yehuda Lerner from Beitar, Israel.

Questions for Chabura

In advance of Dan's chaburah on Shabbat, he has released some questions he will be discussing for everyone to think about and would be happy to hear your input:

1. Why do we name this week's sedra וַאֲתַחֲנָן (referring to a tefillah by Moshe), if Hashem says no to Moshe's request?
2. Read Devarim 3:25, what exactly is Moshe asking for? Does he want to go into the land?
3. Why is it רָאָה יִשְׂרָאֵל נֹתַם שְׁמֹעַ יִשְׂרָאֵל ? What is the significance of hearing over seeing? And what are we hearing?

Thank you, Moshe!

This week's Y@MA is the last before the summer break, and also Moshe's last leading it. Thank you, Moshe, for all your hard work this year, and wishing you every hatzlacha for the future!

Magen Avot Book Club

The Magen Avot Book Club will meet on Sunday, 26th July at 7:30 PM, at a member's home. The book is **"Wandering Souls"** by Cecile Pin, a gripping novel that follows three Vietnamese siblings who flee their war-torn country and build a new life in Thatcher's Britain. Available at the library, too. More info: <https://www.amazon.co.uk/WANDERING-SOULS-HB-longlisted-Beautiful/dp/0008528772>. Join the MA Book Club WhatsApp group to find out more.



Magen Avot - Yamim Noraim Booking

We are now ready to take bookings for Yamim Noraim. We are pleased to confirm that services will be held in the Od Yosef Hai hall.

Please use the link below to book your seats.

Both members and non-members should submit their booking as soon as possible. However, in order to give priority to members, we will be allocating seats first to members who have applied by Friday 14th August 2026.

Book your seats here: <https://tinyurl.com/yamim-noraim-signup>

Yahrzeits

Name	Relationship	Date	Hebrew date
Howard Myer	Mother	25/07/2026	11 Av 5786
Joy Berger	Father	26/07/2026	12 Av 5786
Alexis Gaffin	Mother	27/07/2026	13 Av 5786
David Abramowitz	Uncle	27/07/2026	13 Av 5786
Joy Lyons	Husband	27/07/2026	13 Av 5786
Tony Newgrosh	Father	28/07/2026	14 Av 5786
Sarah Josephs	Mother-In-Law	29/07/2026	15 Av 5786

SECURITY – IMPORTANT MESSAGE

For various valid reasons, a number of committed security volunteers have either had to leave, or are about to leave, the security team or are otherwise unavailable for an extended period. We thank them all for their dedication in ensuring a safe and reassuring presence for all who come to daven at our Shul.

You may have noticed new security guards recently. They need our help to identify people who are more likely to be familiar to us than to the guards.

We will need many more volunteers over the summer period (when many regulars will be away) and during Rosh Hashanah and Yom Kippur (when the need for a visible, deterrent presence is essential).

There are various roles which can be allocated depending upon the particular circumstances of each volunteer. Now is the best time to volunteer because you can start with a regular Shabbat shift before then moving on to Rosh Hashanah/Yom Kippur if you are available.

Please don't leave it all to just a few of us; sign up by joining the security WhatsApp group or emailing security@magenavot.com

If you have any queries, please don't hesitate to get in touch. We really need more of our kehilla to step up and take on this important service.

Many thanks in advance for your support.

Alex Jacobs, Security Officer

Magen Avot is Hiring!

Join our dynamic Children & Youth Team at one of Hendon's leading Modern Orthodox communities - we are hiring for 2 positions:

Youth Director (Y@MA):

https://my.corehr.com/pls/usngrecruit/erq_jobspec_version_4.jobspec?p_id=014722

Children Service Leader (Magen Maxis):

https://my.corehr.com/pls/usngrecruit/erq_jobspec_version_4.jobspec?p_id=014302

For further details or a conversation in confidence, contact Rafi Kleiman at 07883444623

Games Afternoon

Come and play the day away. Shabbat afternoons:

- 1st August
- 8th August

Magen Avot is hosting two upcoming games afternoons/evenings pre mincha to while away the long summer Shabbat afternoons. Join us with (or without) your favourite board or card game at the home of Harriet and Richard Morris on 1st and 8th August from 6pm until 15 minutes before Mincha. Open to all.

PS: Beatrice, their dog, will be around in case that is either a draw or a deterrent.

Moshe Shine interview with Rabbi Golker

Thanks to Moshe Shine for his inspirational interview with Rabbi Golker on Tisha B'Av.



Magen Avot Bar and Bat Mitzvah Programmes

Give your child a Bar or Bat Mitzvah year to remember!

The Magen Avot Bar and Bat Mitzvah Programmes bring together meaningful Jewish learning, personal growth, friendship, adventure and plenty of fun. Sessions take place once a month over ten months, with separate programmes for boys and girls.

The programmes are led by Rabbi Yoni and Rebbetzen Dina Golker, with contributions from guest educators and inspiring speakers.

Participants will enjoy a varied mix of text-based learning, interactive sessions, hands-on workshops, volunteering opportunities, trips and exciting shared experiences—including a British Museum visit and a graduation Siyum.

Early-bird price: £149 when booked by 31 August

Standard price thereafter: £169

Bursaries are available for families who need financial assistance.

Book here: <https://tinyurl.com/bar-bat-mitzvah-course>

For any questions, please contact rabbi@magenavot.com.


MAGEN AVOT

**BAR & BAT
MITZVAH
PROGRAMMES**

PROGRAMME OVERVIEW

BAR MITZVAH PROGRAMME	BAT MITZVAH PROGRAMME
 Becoming a Bar Mitzvah	 Becoming a Bat Mitzvah
 Text-based learning	 Text-based learning
 Interactive sessions	 Interactive sessions
 Chessed & volunteering	 Chessed & volunteering
 Hands-on workshops	 Hands-on workshops
 Guest speakers	 Guest speakers
 Trips & experiences	 Trips & experiences
 Inspiring personal growth	 Inspiring personal growth

Separate programmes for boys and girls, each meeting once a month over 8 months.


BRITISH MUSEUM TRIP
 Exploring Jewish history and heritage together.


GRADUATION BBQ
 A community celebration with participants and their families.

LED BY
RABBI YONI GOLKER & REBBETZEN DINA GOLKER
together with guest educators and presenters