



Magen Avot

Pre Rosh HaShannah Edition With Guidance



5 September 2026 / 23 Elul 5786

פרשת נצבים-וילך / Parashat Nitzavim-Vayeilech

Light From	Friday Mincha	שבת	שבת Chabura	שבת Shacharit	SZ Kriat Shema	Minis/Maxis	שבת Mincha	שבת Ends	Sunday Shacharit
6:18 PM	7:15 PM	7:26 PM	9:15 AM	9:30 AM	9:39 AM	10:45 AM	7:27 PM	8:27 PM	8:20 AM

The youth are back! (Bio's of our new Magen Maxis and Y@MA leaders on next page)

Join us this Shabbat 5th September for our 'Back to Shul' themed first Shabbat of the new Magen Minis & Maxis year!

From 10:45am, our Minis (up to School Year 1) and Maxis (up to School Year 6) Children's Services return, followed by a special stationery-themed Kiddush.

Y@MA also returns after the Mussaf Kedusha in the usual place.

We're delighted to introduce our new Magen Maxis Leader, Talia Goldberg and our new Y@MA Leader, Ariella Garber.

We look forward to seeing you there!

Shabbat

Chabura: Stewart Brookes

Magen Minis and Maxis: Meets at 10:45 AM

Munchies Sponsor: Noam & Ilana Weingarten wishing a fantastic start to the season of Magen Munchies and Minis.

Y@MA: Meets after Mussaf Kedusha

Y@MA Sponsor: Anonymous Sponsor

Kriat Hatorah: Dan Artman

Shabbat Drasha: Rabbi Golker

Post Mincha Speaker: Rabbi Golker

Kiddush

This week's kiddush is sponsored by Liz Kliman and Tali Diamant with thanks to all the wonderful people of Magen Avot especially the unsung volunteers.

Mazal Tov

Mazal tov to Dan & Shifra Shaerf and to Rivka Shaerf on her recent marriage this week to Daniel Nussbaum.

Yahrzeits

Name	Relationship	Date	Hebrew date
David Abramowitz	Grandfather	08/09/2026	26 Elul 5786
Jay Schechtel	Sister	11/09/2026	29 Elul 5786

Magen Avot Membership

If you are thinking of becoming a member of Magen Avot and would like more information please reach out to membership@magenavot.com

Chanukah Supper Quiz - December 6th

Join us this year for our Chanukah Supper Quiz. Good Food-Great Company-Tricky Questions-Chanukah Cheer. Come for the food, stay for the fun, win bragging rights. Celebrate the lights, test your knowledge. For more details contact Julian Pollard.

Keep it Fresh - The blueprint for choosing and protecting your Arba Minim

Join us for a hands-on evening - The blueprint for choosing and protecting your Arba Minim - led by Rabbi Dr Steven Gaffin.

Wednesday September 16th at the Gaffin's at 8pm. This is open to both men, and women who we would like to encourage to actively participate during Hallel on Yomtov.

Save the date: Shabbat Shuvah (Shabbat 19th September) - Kiddush, Community & Conversation

Parshat Ha'azinu - 19th September

Join us after Mussaf for a special Shabbat Shuvah Kiddush, with source-based learning and a Chabura led by Rabbi Golker.

Enjoy Kiddush together while exploring the themes of Shabbat Shuvah, with Torah, discussion and conversation as we prepare for Yom Kippur. Take a seat, enjoy the Kiddush and join the conversation! **(NB: Normal finishing time expected)**

Save The Date (Sunday 20th September) - Magen Avot's Next Gen Initiative

The Magen Avot NextGen Initiative aims to provide educational and social event programming for the young professional (YPs) age demographic and connect them with the existing Magen Avot community members.

Beginning with the Pre-Yom Kippur breakfast and learning on Sunday 20th September, the NextGen programming will be welcome to YPs who are both Magen Avot members and non-members in the wider North West London community.

If you would like to hear more information or to get involved, please email nextgen@magenavot.com

Sign up for: Let's Share BaSukkah (25th September)

Matching those without a Sukkah to those with one for Friday night dinner! **Friday 25th September, 1st night Sukkot.**

Please sign up by the 14th of September:

<https://tinyurl.com/lets-share-basukkah>

Bio's of Ariella Garber (Y@MA leader) and Talia Goldberg (Magen Maxis Leader)**Ariella Garber**

Raised locally in North Hendon, Ariella has plenty of experience working with children and young people in the community. She previously led children's services at Kinloss and has been actively involved in the Ezra youth movement.

Ariella is currently studying Optometry at City St George's, University of London and lives in Hendon with her husband, Reuven Simcha.

She is excited to host Shabbat Seudot for different high-school age groups throughout September and to get to know our Y@MA teens on Shabbat mornings!

Talia Goldberg

Talia grew up attending the children's and youth services at Raleigh Close and is passionate about giving back to the community.

She has taken part in Mizrahi's Yehudi Leadership Programme, previously taught at Mill Hill United Synagogue's Cheder, and has gained further leadership experience through the Bnei Akiva youth movement.

Talia is excited to inspire and engage our primary-school-aged children through Magen Maxis in the weeks and months ahead!

Shofar at home

If you or someone you know is unable to get to shul on Rosh Hashanah, we would be very happy to help arrange for someone to come and blow the shofar at home.

Please don't hesitate to get in touch - we want to make sure that everyone has the opportunity to hear the shofar.

Email: rabbi@magenavot.com

Magen Avot Bar and Bat Mitzvah Programmes

Give your child a Bar or Bat Mitzvah year to remember!

The Magen Avot Bar and Bat Mitzvah Programmes bring together meaningful Jewish learning, personal growth, friendship, adventure and plenty of fun. Sessions take place once a month over ten months, with separate programmes for boys and girls.

The programmes are led by Rabbi Yoni and Rebbetzen Dina Golker, with contributions from guest educators and inspiring speakers.

Participants will enjoy a varied mix of text-based learning, interactive sessions, hands-on workshops, volunteering opportunities, trips and exciting shared experiences—including a British Museum visit and a graduation Siyum.

Early-bird price: £149 when booked by 31 August (Motsei Shabbat)

Standard price thereafter: £169

Bursaries are available for families who need financial assistance.

Book here: <https://tinyurl.com/bar-bat-mitzvah-course>

For any questions, please contact rabbi@magenavot.com.

Rabbi Golker Rosh HaShanah Guidelines

Dear Members,

As the first day of Rosh Hashanah falls on Shabbat this year, please note the following important times and practical points:

Friday 11 September – Erev Rosh Hashanah

* Candles for Shabbat and Rosh Hashanah should be lit by **7:10pm**.

* Please also light a long-lasting candle before Yom Tov, to be used for lighting on the second night.

Shabbat 12 September – First Day Rosh Hashanah

* As Rosh Hashanah falls on Shabbat, the shofar is not blown.

* Seudah Shlishit should preferably be eaten by approximately **4:10pm**, in order to leave an appetite for the second-night Yom Tov meal. If necessary, it may be eaten later, but should be completed before shkiah at approximately **7:22pm**.

* No preparations for the second day may be made on Shabbat.

* Preparations for the second night should only begin once Shabbat has ended.

* Second-night candles should be lit after **8:10pm**, from a pre-existing flame.

* Kiddush on the second night includes Yaknehaz, as printed in the Machzor: Borei Me'orei HaEish, Havdalah and Shehecheyanu. When saying Borei Me'orei HaEish, one should look at the Yom Tov candles.

* It is preferable to have a new fruit on the table for Shehecheyanu.

Sunday 13 September – Second Day Rosh Hashanah

* The shofar is blown on the second day. Our main shofar blowing will not be before 10:45am.

* The full 100 blasts will be blown in shul. Someone davening at home who is unable to attend shul is required to hear 30 blasts.

* If you need someone to come and blow shofar for you, please contact me privately.

* There will also be a second shofar blowing shortly before Mincha.

* Tashlich is recited on the afternoon of the second day, preferably beside a body of water. If necessary, it may be recited later, traditionally until Hoshana Rabbah.

* Yom Tov ends at **8:07pm**.

* Havdalah on Sunday night consists only of Borei Pri HaGafen and Hamavdil — no candle or spices.

Monday 14 September – Tzom Gedaliah

* The fast begins at **4:51am** and ends at **7:59pm**.

* Please remember to recite Kriat Shema before breaking the fast if you have not already done so as part of Maariv.

As always, please feel free to contact me with any questions.

Wishing the entire Kehilla a Shana Tova U'Metuka — a happy, healthy and prosperous New Year.

Rabbi Golker



Magen Avot

Save the Date

SUNDAY 20TH SEPTEMBER

Come join Magen Avot's

Next Gen Initiative

for its first YP
breakfast and learning event:

Kol Nidrei Unpacked: Exploring the Opening Yom Kippur Service



Location: Nancy Reuben School



Time: 9:45am arrival followed by
a dairy breakfast and learning



Sign up details
to follow soon



Please contact us on
nextgen@magenavot.com
if you have any questions





MAGEN AVOT

SHABBAT SHUVAH

KIDDUSH, COMMUNITY & CONVERSATION

— TORAH | TEFILLAH | TESHUVAH | TOGETHER —

Join us after Mussaf for a special Shabbat Shuvah Kiddush, with source-based learning and a chabura led by **Rabbi Golker**.

Enjoy Kiddush together while exploring the themes of Shabbat Shuvah, with Torah, discussion and conversation as we prepare for Yom Kippur.

Take a seat, enjoy the Kiddush and join the conversation!



SHABBAT
19TH SEPT 2026

SHABBAT SHUVAH
PARSAT HA'AZINU



SHACHARIT
9:30AM



KIDDUSH & CHABURA
IMMEDIATELY AFTER MUSSAF

APPROX. 30 MINUTES
(FINISHES AT REGULAR TIME)



WITH SOURCE-BASED
LEARNING AND A
CHABURA LED BY
RABBI GOLKER

Chanukah SUPPER QUIZ

GOOD FOOD • GREAT COMPANY •
TRICKY QUESTIONS • CHANUKAH CHEER!



CELEBRATE
THE LIGHTS
TEST YOUR
KNOWLEDGE!



SUNDAY
6TH DECEMBER
2026



7.30 PM



MAGEN AVOT
SYNAGOGUE HENDON
48 FINCHLEY LANE
HENDON NW4

★ COME FOR THE FOOD,
STAY FOR THE FUN, ★
WIN BRAGGING RIGHTS!

